



## National Healthcare Decisions Day Workshop

Saturday, April 21, 2018  
10:00 AM – 12:00 PM EDT

Greater Reston Chamber of Commerce  
1886 Metro Center Drive, Suite 230  
Reston, VA 20190

Have you effectively communicated your healthcare wishes and appointed someone to make decisions on your behalf if you are unable to? National Healthcare Decisions Day (NHDD), part of Annual Healthcare Decisions Week in Virginia (April 16-22, 2018), exists to inspire, educate and empower the public and providers about the importance of advance care planning.

Please join us for tips and tools on how to start the conversation, and learn what legal documents you should have in place to provide peace of mind and avoid unnecessary emotional burdens and financial costs for you and your family. We will discuss the ins and outs of Advance Medical Directives/Living Wills, Health Care Powers of Attorney, HIPAA Authorizations, DNRs, POSTs and more. We will also hear practical considerations from the physician's and care manager's perspectives, and try to dispel some of the myths surrounding end of life decisions and treatment.

### Speakers:

**Dr. Rahel Yirga**, Medical Director, Allegiance Aging Care Services  
**Megan Descutner, MSN, RN, CMC, CDP**, Care Manager, Golden Pond ElderCare Strategies, LLC  
**Dawn Dale, JD, LLM, CFP®**, Partner, SageTrust Law Group, PLLC  
**Melinda Merk, JD, LLM, CFP®**, Partner, SageTrust Law Group, PLLC

Continental breakfast will be provided.

Please register in advance by visiting <https://www.sagetrustlaw.com/nhddworkshop>.

*Seating is limited. This event is for education purposes, and is not intended for networking or promotional use by attendees.*

